

University of Pretoria Yearbook 2017

Fundamental nutrition 143 (EXE 143)

Qualification Undergraduate

Faculty [Faculty of Health Sciences](#)

Module credits 6.00

Programmes [HCert Sports Science Education](#)
[HCert Sports Science Sports Coaching](#)

Contact time 3 lectures per week

Language of tuition Afrikaans and English is used in one class

Academic organisation Biokinetics and Sports Science

Period of presentation Quarter 3

Module content

*Closed – requires departmental selection

*Offered by the Department of Human nutrition for the students in Biokinetics, Sport and Leisure sciences
Nutrition and health, digestion, absorption and metabolism, carbohydrates, fats, proteins, energy balance and weight management.

The information published here is subject to change and may be amended after the publication of this information. The [General Regulations \(G Regulations\)](#) apply to all faculties of the University of Pretoria. It is expected of students to familiarise themselves well with these regulations as well as with the information contained in the [General Rules](#) section. Ignorance concerning these regulations and rules will not be accepted as an excuse for any transgression.